DID YOU KNOW?

- Like other diseases, heart attacks have early signs & symptoms
- THESE "BEGINNINGS" MAY OCCUR IN 50% OF PATIENTS
- If recognized, people can be treated before heart damage occurs





Learn Early Heart Attack Care (EHAC)

- Early Heart Attack Care (or EHAC) education teaches you to recognize the early signs and symptoms of a heart attack. Why? We want you to become an active bystander so you can save a life *even if it's yours*.
- Take the EHAC Pledge and promise to spring into action.



Prevent a Heart Attack

- Learn the risk factors.
- Understand the difference between men and women.



Save a Life

- If someone collapses, call 9-1-1!
- Perform Hands-Only CPR.
- Find and deploy an AED (Automated External Defibrillator).



deputyheartattack.acc.org



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